



ANIMAL CLINIC
For Happy, Healthy Pets...Always

17 Bellambi Lane
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Phone 02 42 845988
Animalclinic.com.au

Keeping pets Smiling since 1998.

Everyday Joint Care

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All pets deserve to have their joints looked after as best as humanly possible, and we shouldn't be waiting until our pets are limping before we act. Unless your pets are on arthritis specific diets, extra effort is needed to support their joints, but this is where we all can be overwhelmed about what is best.

None of us want to put stuff into our bodies (or into the bodies of our pets) if it isn't necessary.

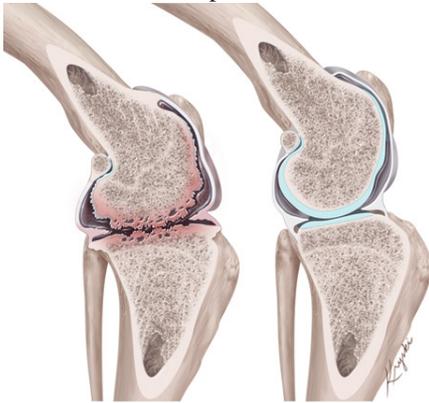


Figure 1 - Our goal is to keep the joints healthy

The goal

Joint support therapy is needed to ensure the joints stay healthy – that they have the resources to regenerate when damage occurs (which can happen so easily – ask anyone who has sprained an ankle).

What you can do?

- Great weight control – know what your pet's ideal body weight is, and stick to it
- Muscle massage – using your own hands to gently massage the muscles of the front and back legs, and down the spine
- Exercises – such as walking for 10 to 20 minutes twice a day

Everyday Joint supplements

The available joint supplements will have combinations of the following ingredients

- Glucosamine
- Chondroitin
- Essential Fatty Acids
- Green Lip Mussel
- Marine Oil
- Shark Cartilage
- RoseHip

Available Joint Supplements for Everyday as well as Advanced Joint Care – for dogs and cats

There is a plethora of Joint support out there, but the key to remember that you pay for what you get.



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- Joint Guard Chews or Powder (dogs and cats) – contains glucosamine hydrochloride, Chondroitin sulfate, MSMS, Manganese gluconate (and scientifically proven). The ratio of glucosamine to chondroitin is the scientifically proven one of 5:4
- Flex for Dogs – contains glucosamine hydrochloride, chondroitin sulfate and 4 other key ingredients. The ratio of glucosamine to chondroitin is 20:1
- PAW Osteocare Joint Health Chews – for Dogs – contains high quality glucosamine sulphate, chondroitin sulfate, Vitamin C, MSM and Manganese in a tasty chew. The ratio of glucosamine to chondroitin is 2: 1

- Others include Glyde, Sasha's Blend, Pernease Powder, Nutrisea Seaflex

How do you choose?



Ask your vet for what they recommend for your pet, taking into account your pet's full medical history.

What do we use?

In Piper, she was on PAW Osteocare Chews prior to her surgery, and is now on Synovan injections plus Joint Guard, as well as Hills canine j/d after her surgery. Whilst she does not have osteoarthritis currently with her hip dysplasia, we do know that she is at high risk of developing this. We intend to prevent this as much as we can.

Old man "George" is on Hills feline J/d as he has advanced joint disease, but our other cats are on high quality prescription foods which have joint protectants in them.